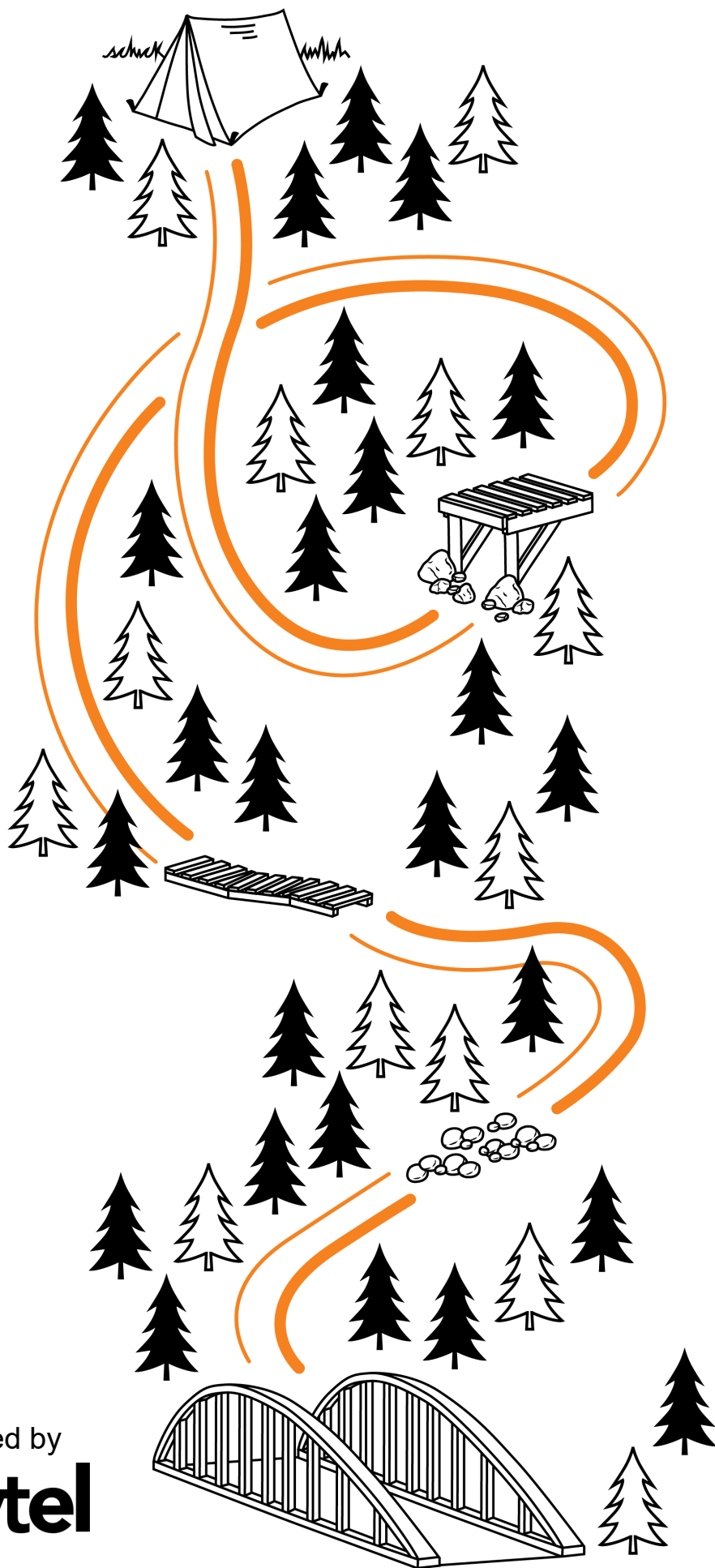


SHUNIAH FORTY MINER ATHLETE GUIDE

presented by
tbaytel



LAND ACKNOWLEDGEMENT

The trails we ride are on the traditional lands of the Anishinabeg Nation and the traditional territory of Fort William First Nation, signatory to the Robinson-Superior Treaty of 1850.

We recognize and honour the past, present, and future caretakers of the lands and waters which surround us. We are grateful for the privilege of recreating on this land, for the joy of riding our bikes together, and for the opportunity we have to connect with nature. As a community of mountain bikers, we recognize we also have a responsibility for the stewardship of this land.



WELCOME RACERS

We are proud to welcome you to the 8th annual Shuniah Forty Miner presented by Tbaytel. It is a two-day celebration of Thunder Bay's mountain biking trails located at Kinsmen Park in the beautiful Trowbridge Forest.

We have to begin by thanking our generous volunteers, and sponsors. This event is designed for you, your friends and family getting together to enjoy all that Thunder Bay has to offer for Mountain Biking for one epic weekend!

Mountain biking is at an all-time high in Thunder Bay and the club is making its presence known in the community. A primary focus of the club today is trail development and improvement. We are currently working on completing the Trowbridge Forest Master Plan which once complete will add an additional 15km+ of multi-use and mountain bike trails to our system.

We hope everyone who attended last year's event had a great time and we are excited to say that this year's event should be even better! We wish you the best in your race and look forward to bringing you the 2024 XCM Canadian Championships on September 7th, 2024.

David Valente

President

Blacksheep Mountain Bike Club



OVERVIEW

The Shuniah Forty Miner Presented by Tbaytel is a two-day celebration of Thunder Bay's mountain biking trails located at Kinsmen Park in the beautiful Trowbridge Forest.

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SCHEDULE OF EVENTS

Friday, September 9th—Kinsmen Park (Trowbridge)

5:00pm — 7:30pm	Race Registration and Race Kit Pickup
6:30pm — 7:00pm	Mandatory pre-race meeting with all participants
7:15pm	Thunder Bay Fire and Rescue Presentation
7:30pm	Movie in the Park – The Engine Inside

Saturday, September 10th—Kinsmen Park (Trowbridge)

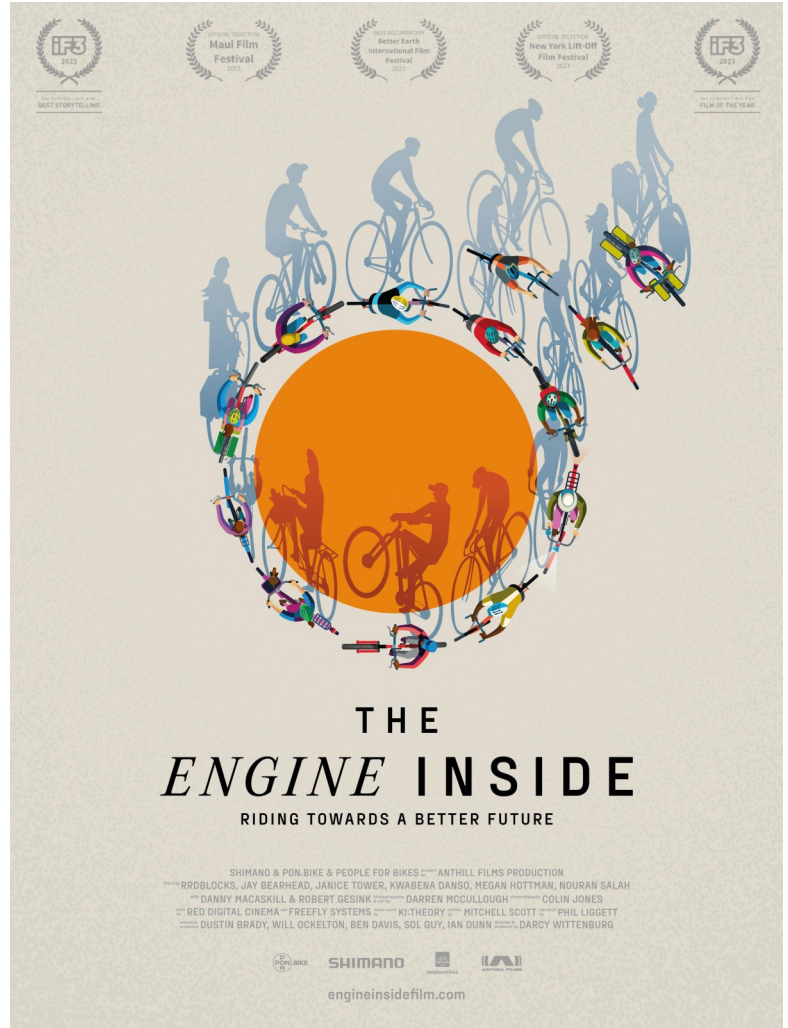
9:00am	Festival Area Opens
10:45am	Mandatory Pre-race Briefing
11:00am	48km Miner Start
11:05am	24km Miner Start
11:20am	12km Miner Start
11:50am	Mini-Miner Start
12:00pm	Lake of the Woods Afterparty
3:30pm	Awards Presentation
3:30pm	Course Closes

FRIDAY NIGHT

THE ENGINE INSIDE

The Engine Inside tells the stories of six everyday people from all over the globe who reveal the unique power of the bicycle to change lives and build a better world. Through their stories, the film uncovers the often-overlooked potential of this 200-year-old machine, exploring its impact on a wide range of global issues such as physical and mental health, socioeconomic inequality and climate change. By shining a light on people who have embraced cycling as a way to overcome daunting personal and systemic challenges, The Engine Inside ultimately asks viewers to reconsider their

own perspective. Is there a transformative power within us all that can be unlocked through the simple act of riding a bike?



OFFICIAL TRAILER: [The Engine Inside - A Documentary About Using Bicycles To Build A Better Future - YouTube](#)

AFTERPARTY

It all started back in 1898 when entrepreneur Abraham Kingdon opened the doors to the original Lake of the Woods Brewing Company in downtown Kenora. The brewery closed for a period during prohibition but was soon re-opened by Stanley Drewery in 1927. Unable to compete with the emergence of large national breweries, the brewery closed its doors in 1954. June 29th, 2013 marked the opening of Kenora's first brewery in 59 years. Local, fresh, handcrafted beer returned. Proud of Kenora's brewing heritage, Lake of the Woods Brewing Company uses the same simple ingredients used by the brewers of the past...fresh, Canadian Shield water, malt, yeast and hops. That's it.

Learn about the history here: [TALL TALES - A Lake of the Woods Brewing Company Historical Journey - YouTube](#)

The afterparty is brought to you by



GENERAL INFORMATION

LOCATION

Don't worry, we've got you covered! For our Canadian friends, we are located just off of the TransCanada highway. Take the Copenhagen Road exit and we are first road on your left. For the riders from the USA, after exiting the Pigeon River Border Crossing, continue on Highway 61 for an hour to reach the City of Thunder Bay. When approaching Copenhagen road, take the turnoff on the right then immediately turn left; traversing the overpass. Finally, take the first road on your left and hop on your bike (we strongly recommend parking the vehicle before getting on your bike)!

FOOD

BLACKSHEEP BOOTH—Burgers, Hot Dogs and snack
EPIC CONES—Prepackaged epic cones ice cream will be available onsite.



TIMING

Your time is calculated using race start time. Your finish time will be determined by when your race plate with RFID tag crosses the finish line.

SPECTATOR INFO

The field is setup with ample viewing locations to cheer on your racer, and watch them cross the finish line.

REPAIR STATION

All three of our local shops will be onsite to help get your bike going if an issues arises. They will be located near the bridge.

GENERAL INFORMATION

WASHROOMS

The campground washrooms will be open, and there are many more onsite to use.

FIRST AID

Paramedics from the City of Thunder Bay will be onsite throughout the race to tend to any emergencies on the course. They will be able to move quickly around the course no matter where an injury takes place. If you see them on the trails, please give them the space they need.

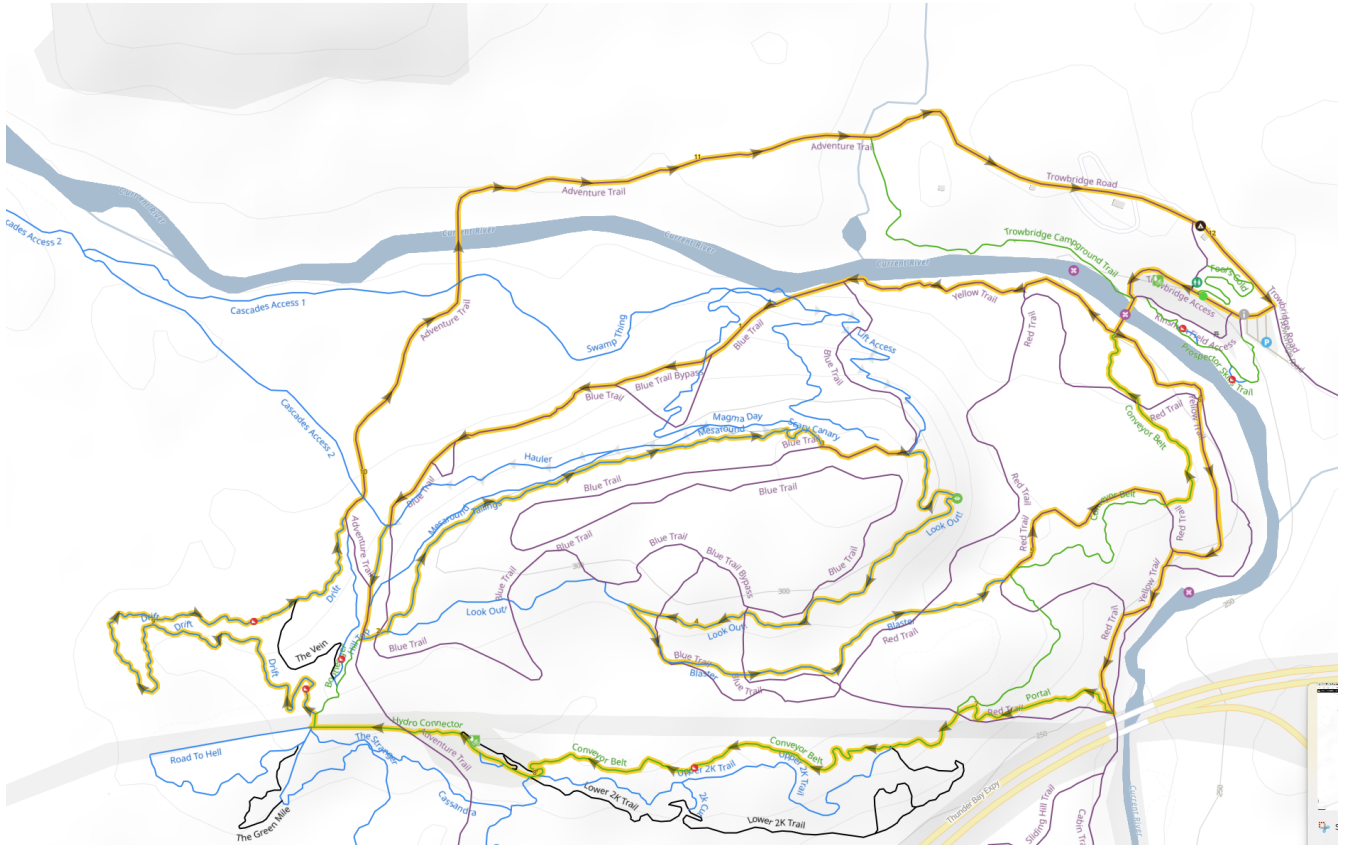
RACE MAP

24KM—48KM COURSE

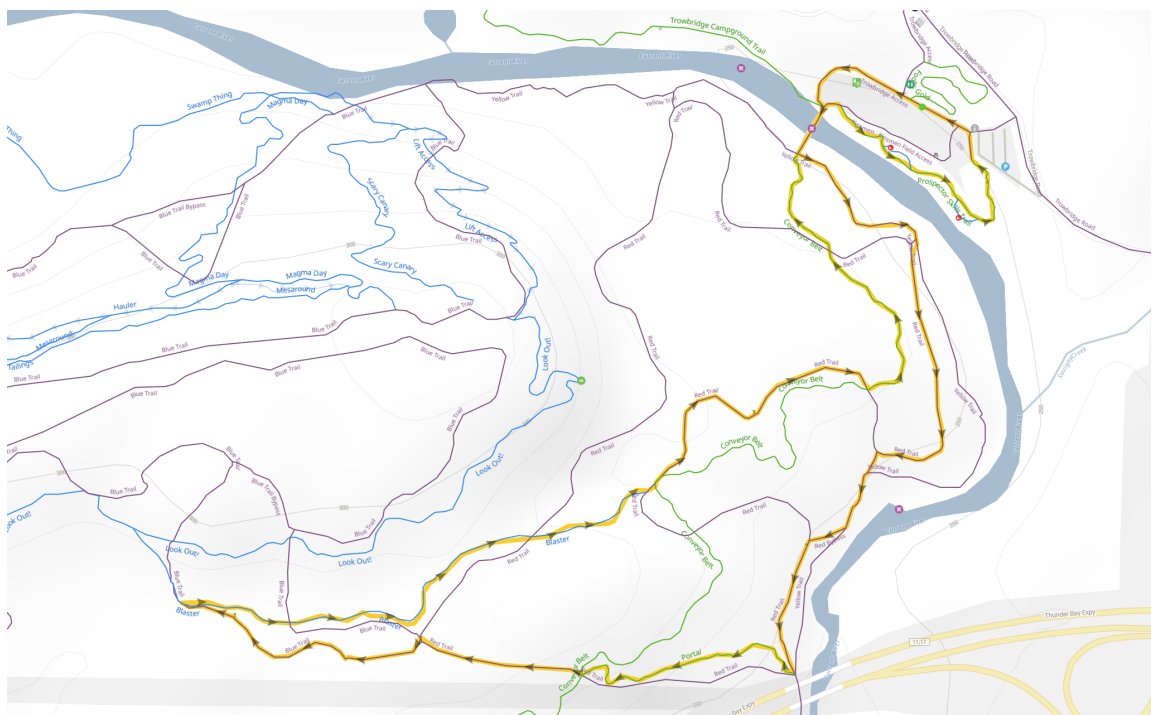


RACE MAP

12KM COURSE



MINI-MINER



RULES

- Helmets must be worn when on the bike, and your chin strap must be buckled.
- Unsportsmanlike Conduct is grounds for disqualification.
- Leave No Trace no garbage, clothing etc, shall be thrown on the course
- No Pedal Assist/E-Bikes Allowed
- No Pets on course
- No Earphones/Earbuds
- Timing Chip (on number plate) must attach to front of bike.
- You must finish with the same bike and the same number plate you started with.
- DNFs must report to timing
- No E-bikes allowed
- **COURSE CLOSURE AT 3:30pm** - Riders who fail to start their last lap before 3:00pm will be considered as a DNF, and can only continue at their own risk.

CATEGORIES/AWARDS

- Mini-Miner: Male, Female
- 12km: Male, Female
- 24km: Male, Female
- 48km: Male, Female

PARKING

There will be limited parking onsite. We ask to try to carpool as much as necessary.

Locations:

Kinsmen Park Lot—Limited availability

On Street—Parking will be limited to a single side on the driveway in

Campground—Vehicles once parked cannot be retrieved until the course closes at 3:30pm

Centennial Park—Pre-ride the yellow trail on your way to the site.

FREQUENTLY ASKED QUESTIONS

CAN SPECTATORS ATTEND?

Yes! We encourage all spectators to bring noise makers and cheer on everyone as they ride by!

CAN I BRING MY DOG?

Yes! We are pet friendly, but ask to please clean up after your pet and you must keep them on their leash.

DO YOU HAVE TO BE REGISTERED FOR THE EVENT TO ACCESS THE BEER GARDENS?

No, spectators can access the beer gardens during the event.

WILL YOU HAVE A PLACE TO STORE MY BIKE AFTER THE RACE?

Yes, we have a limited bike valet to ensure your bike stays safe after you complete the race and to keep the festival area as clear as possible. Most importantly its FREE!

SPONSORS

We cannot thank our sponsors enough. It is what makes this event possible for Blacksheep Mountain Bike Club. Our club operates as a non-profit and continues to invest significant dollars into the trail system located in Thunder Bay. As a benefactor of our sponsors' commitment, you can show your appreciation by thanking them for their participation and supporting them with your patronage

